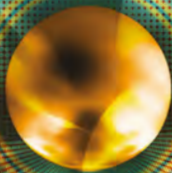


THE ANGELS OF ATLANTIS

Twelve Mighty Forces
to Transform Your Life Forever



STEWART PEARCE

author of

*The Alchemy of Voice and
The Angels of Atlantis Oracle Cards*

illustrated by Richard Crookes

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to Transform Your Life Forever



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STEWART PEARCE



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ACKNOWLEDGMENTS

Your task is not to seek for love, but to look within and find all the barriers, those that you have built against that love supreme.

– RUMI

Being lost in the forest of life can be disturbing, being found in a meadow of spirituality can be enchanting, yet there is no more profound a virtue in the freedom one uncovers when removing the barriers on the path of the mystical journey.

The sacred Angels who communicate with me provide us with a powerful viaduct to this path and, for this, I thank them with a passion that quickens the core of my heart and soul. For without their teaching, without their wisdom and love, my path and the paths of the many with whom I interact globally would flounder into dullness. To be a vision-holder needs perspective and, by heavens, have the Angels of Atlantis shone a light so bright on my path in moments of challenge. Always there is succour, eternally there is the love that passes all things.

Further gratitude goes to the soul nourishment of the many Alchemediums around the world. These are those who have associated with, and have been fostered by, the initiations of the Temple of Sound Healing known as THE ALCHEMY OF VOICE. Significantly, love goes to Sergio whose amazing technical support, loyal creative drive and hours of loving commitment have enabled me to reach thousands of people with fluency and panache. For Sergio bravely sails the ocean of cyberspace and the further dimensions beyond with great elan.

Peace to Michael for his editorial administrations, the like of which underscore the notion of helping brilliance to shine.

Lastly, profound gratitude must go to my wonderful publishers Thierry and Carol who have provided me with such belief-filled support, throughout the journey of bringing forth these wonderful light-filled Orb-beings of the iridescent Angelic kingdoms.

Namaste.

—Stewart Pearce, London, August 2011

PROLOGUE

Angels as beings of Light transcend every religion, every philosophy, and every creed. Angels have no religion as we know it. Their existence precedes every religious system that has ever existed on Earth.

– ST. THOMAS AQUINAS

Fable upon fable and mystery upon mystery surround the ancient civilization of Atlantis, so much so that many writers have questioned its legendary status. Things that should not have been forgotten were lost – history became legend, legend became myth, and yet a time has come when the Angels will once more help to shape the fortunes of the race of men.

My intention in writing this book is not to create mystique but rather to connect the reader with that part of their psyche that resonates deeply with the notion of Atlantis and the archetypal depth of human nature. For there dwells in most of us a subterranean or subliminal knowledge of this ancient civilization, so much so that people respond passionately whenever or wherever Atlantis is mentioned. You could be anywhere on our planetary domain, from Afghanistan to Zanzibar, and folk become excited at the mention of the name Atlantis; of the great Atla (the Priest Scientists) and how they still may open the archetypes of human experience with their teaching.

My purpose in writing is to illuminate the significance of how the sacred wisdom of Atlantis drenched the human species with the knowledge of drawing spirit into embodiment. How, through a profound reverence for the divine in nature, a powerful bond was created between the celestial and the profane realms of the Universe. Of how the experience of the physical domain on Atlantis allowed the inhabitants to live to a superlative degree, full of joyous union with nature, with an implicit sense of the Cosmos, and in harmony with the other planetary civilizations that permeate the life of Outer Space. All and more became the awareness of those who lived copious Atlantean incarnations, a continent which now lies buried in safe keeping on the ocean floor.

The people of Atlantis experienced a way of being alive that vibrated in

accord with a completely different biochemistry from our contemporary molecular status. Their 'super-coherence' was created and nourished by an octave of spiritual intelligence far surpassing anything we currently attain, except perhaps for a few notable exceptions, and it is information about this coherence that I am particularly interested in sharing.

Today, there are a few notable human beings, not unlike the Atlantean Atla Priesthood, who through lifetimes of karmic cleansing have reached a point of rare loving. Who, through years of spiritual quest have sought a point of optimum being-ness, who, through disciplined service to the Divine, have achieved degrees of enlightenment that vibrate refined states of love within physical embodiment. These beings are the Bodhisattva – 'the living saints' – currently seen in His Holiness the Dalai Lama, the recently departed Sathya Sai Baba, Ammachi the hugging mother, and Mother Meera, to name just a few.

With their light in my consciousness and with instruction from my Angelic guides, a great desire has opened within my heart and soul to write about the Angels of Atlantis, so as to assist with your transformation during this current period of vast planetary and personal change – to create a bridge between Atlantean and post-nuclear man. For, as we look around us at a world that is as volatile as a churning ocean, we may steady ourselves by taking a firm grasp of the eternal maxims of love and joy that lie between the old western mechanistic establishment and the new paradigm of wondrous proportion – the dawning of Aquarius.

As we swim abreast this surge, as we gasp air for another life-affirming breath, as we view safe hope of land, we may see a radically new landscape before us – we may see a paradise where such inner transformation occurs that we are raised to a wholly new level of consciousness, just as we were before when in Atlantis.

Before us lies a vision of ourselves as luminous creative beings, engaged in the evolutionary impulse of the cosmos and, through each passage or step, becoming consciously self-realized divine beings. In this state, we may embody an impulse of love so great that our physical presence will be transfigured, and we will become like orbs of light, transfixed by our energy field.

Behind us lies a rough landscape of challenging definition, strewn with the debris of our growing pains, chaotic in the extreme as we surface from the depths of its shadow, and yet freshly illuminated by the notion of our soul's love – constant, eternal and brimming with unconditional fervour.

Many great minds have written accounts of Atlantis: Plato, Francis Bacon, Helena Blavatsky, Ignatius Donnelly, Rudolf Steiner, Aleister Crowley, Edgar Cayce, and I place myself in humble regard of this vast body of wisdom. Yet, on this occasion, I will interpret a wisdom tradition of divine origin made flesh, which was expressed to me by the supernal guides I have been taught by since the Harmonic Convergence of 1987 – The Angels of Atlantis.

These twelve mighty forces offer a view of the spiritual maxims and archetypal keys that led the Atlantean people to create heaven on earth. These archetypes are keys to unlocking the mystery of our consciousness, to extracting the power of human consciousness from thousands of years of being held within a karmic closet, existing within bands of force that have affected the very matrix from which human intention once sprang.

My meeting with these illustrious Angelic beings, chronicled in the epilogue of my first book *The Alchemy of Voice*, evoked teachings that utterly changed the course of my life and the lives of those with whom I have subsequently worked. For the Angels truly remind us of where the Love Gold lies deep in the very flames of the passion that celebrates the hearth of love – the Heart. For make no mistake, if we open our heart's secret chamber and unpack its love-filled treasure chest, full of the most precious jewels of joy, compassion, empathy, patience, grace, gratitude, freedom, hope and passion, we may truly inherit the joy that is our divine birth-right.

Just as it was in Atlantis, if we embrace the notion of LOVE through continuous moments of our consciousness, that is with a degree of conviction that gestures LOVE IS ALL THERE IS, we blast open the furnace of our spiritual conviction, and the intelligence and compassion of an ancient way of loving sears through our being. Thus a trajectory to heaven is forged.

When the vibration of our soul's note moves us to ecstasy – the unique signature note that is the sonic talisman to this sacred impulse sounded into creation by our heart – we produce a key harmony in human form that stops the symphonic movement of the Cosmos in a second of bated breath. This could be a moment of such exquisite proportion that we would literally hear the voice of the Angels chanting to us, reminding us that our inheritance is to manifest the gifts of grace and truth here on Earth.

For thousands of years, the Atlantean peoples practised cosmic ideals such as these. By chanting and speaking love, peace and abundance into their lives, and because that was all that mattered, they found a way of being full of joy. Sound and its colour-filled resonance, like sparkling light from millions of crystals, connected them to the great jewel of being known as FAITH. Through the acceptance of faith, time and time again,

the greatest prize above all was revealed – a sublime connection with the Divine. For this level of spiritual attainment was ordained by the intelligence of the Divine Cosmic Matrix, countenanced by its Angels, governed by the Atla Priesthood, and lived efficaciously by its people.

Today, with the sheer living of this possibility, the Angels inspire us to create intentions for the whole of life that broaden our vistas of consciousness, so that we proclaim bold acts of deep-hearted love through our sacred voice sound fields and use healing modalities such as Voice Alchemy as a transmutational force. These bring pranic upliftment and add vital well-being to the empowerment of our spiritual intelligence. For literally within the core of sound lies the blueprint of creation: of the Cosmos, of the Planet, of your life, and of all sentient life.

Angels of Atlantis

The Angels of Atlantis are:

GABRIEL –	The Divine Messenger
HANAEL –	The Sacred Warrior
JOPHIEL –	The Holy Liberator
METATRON –	The Supernal Teacher
MICHAEL –	The Cosmic Leader
RAPHAEL –	The Holy Healer
RAZIEL –	The Divine Mysteries
SANDALPHON –	The Sacred Guardian
SHAMAEL –	The Divine Guide
URIEL –	The Eternal Companion
ZADKIEL –	The Divine Comforter
ZAPHKIEL –	The Sacred Lover

Atlantis as it was Seen

The vast continent of Atlantis spread across the entire planetary area known today as the Atlantic Ocean – from the Gulf of Mexico in the west, to the area now known as the Atlas Mountains in the east. Although this land mass changed many times throughout the civilization of Atlantis which extended between 250,000 and 11,000 BC, it is during the period between 32,000 BC and 13,000 BC, for just 1,500 of these solar years, that the people lived at a level of vibration far surpassing that we may currently define as healthy, vital, joyous, conscious living.

During this fifteen hundred year period, before the days of completion that moved Atlantis to its watery grave, the Atlanteans lived a supreme Golden Age. This came about because their lives were sustained by a twelve helix DNA, which was so suffused by the light of the Source that they lived lives of blissful joy.

The magnificent bio-chemical symphony of their DNA fostered a physical, emotional, mental and spiritual harmony that vibrated a super-charged status. Life, quickened by this calibration, created a higher frequency super-coherence, within which the people and the planetary life lived in synergy with universal, inter-galactic harmony.

In writing this account, I want to provide a vision of those Atlantean times, when personal mastery as a blueprint of spiritual practice was encouraged by twelve archetypal characteristics taught by the twelve great Angels – for these archetypes are keys to our consciousness, and, as rites of passage, open portals to heaven. Encoded within them are twelve forces that will transform your life forever, brought to you by the co-creativity of the Angels of Atlantis. For co-creation is the Angels fervent wish, in the belief that collaboration, rather than competition, is the next evolutionary step for mankind.

Once we are aligned with the interconnectivity of life's matrix, the condition of we Homo Sapiens (meaning 'intelligence') may evolve to the next level of our incarnation, which might be known as Homo noeticus (meaning 'wisdom'). With this knowledge we will connect intuition with cognition, we will suffuse our heads with our hearts, the rational with the irrational, the conscious with the unconscious, the physical with the spiritual, in preparation for our ultimate state of being Homo luminous, and therefore living as Human Angels.

Angelic Nature

Angels are thoughts of God, and as such have existed in the eternity of the Universe as omniscient, omnipresent, and omnipotent beings forever. Their presence is countenanced by Divine Will to gift humanity with ministrations of Divine Grace. Their role is to love for the sake of love, unconditional and unfettered in its expression. Their work is to vibrate the elixir of grace in miraculous ways so as to re-orientate our perception of this physical plane of existence, the three-dimensional world in which we live.

The Angels light-filled intelligence reminds us of the creative state of immortality that is the only true function of our creative purpose here on Earth. Their love reminds us that deep within each of us is the knowing

that we are from the Source, and that to the Source we return when form is resolved, through the fulfillment of our incarnation, the expiation of our karma, and the atonement of our life lessons.

Their presence in our lives provides us with profound keys by which we may evoke a greater wisdom through the expression of our creative purpose through spirit, and that, when this is done to the betterment of cosmic life, as it is written in the great books of Akasha, we return to our origin. This occurs when our soul destiny evolves to that point of Light Emission that calls us from this Planet, and so we return to the Source.

These Angelic beings of light have lovingly looked after us through aeons of time, and yet only assist when we request such of them. Wherever we are, whatever we do, whomever we may be, our Angelic guardians always envelope us in eternal love, harmony and compassion. Except with some human beings, the levels of amnesia developed by the density of our three-dimensionality clouds our perception, and thus we find it difficult to conceive or believe in their supernal wonder.

The Angels teach that Atlantis arose as a cosmic experiment in the northern hemisphere, unlike the civilization of Lemuria or Mu which came forth at the same time in the southern hemisphere. The nature of the 'experiment' was created by an intelligence that existed and still exists in the form of the Intergalactic Federation of Ultra-terrestrial Beings. The council representing the twenty-four civilizations of the Multi-verse is an emanation of Source energy with a consciousness and technology far in advance of current Earth life.

In forming this original creative intention which arose from Source energy, aspects of divine force were expressed in the form of soul groups known as Monads. These arrived from many regions of the cosmos to experience life on Planet Earth, and thence to return the experience to the Source. The Angels of Atlantis suggest that: *at core, humans are sacred beings sent to touch the temporal domain with their creativity, and so they serve as interpreters of the world of matter.*

The Blue Planet

The Angels tell me that the Earth is one of the most beautiful planets existing in the Cosmos. They say that, in the whole Universe, there is no other planet that has the physical possibility of life as here, existing through unique characteristics that form its rare beauty. You see, Planet Earth vibrates through a unique energy field within the Cosmic Matrix, and its

physical conditions, created through the fusion of carbon, nitrogen, oxygen and hydrogen, are unlike many of the other planets in the Solar system.

Planet Earth's bio-diversity is so various, so rich, so exquisite that many beings from other worlds have desired physical life on its potent landmass. Having experienced life here, souls want to repeat their incarnation as Terra Firma has a gravitational pull that is different from any other planet and so draws the soul to feel the potential of life within this physical form.

Indeed, the Angels have telepathically suggested that, millions of years ago, the physicality of Planet Earth was entirely that of water, magnetically drawn together by the gravity of two or three celestial moons. Moreover, the molecular formation of H₂O was first brought when the early consciousness of Terra Firma was being formed. For the planet's ultimate destiny was to be covered with water, as a glowing liquid that formed a plane of consciousness, a thought membrane and force that would function as an energy field of super-conductivity. This gave rise to the term the Blue Planet.

Moreover, the purest of energies was to be amplified through the field of the water that covered the planet, just as it occurs through the watery fluids of the human body and, as the water element illustrates in many cultures, the living surface of the planet was to be suffused by a wondrous force – that of feeling. For feeling is the vibrational language of the Source, and therefore feeling is the language of the Soul.

The intention was for an aspect of cosmic consciousness to be made manifest on Earth in a unique way, and so to produce an experience of inter-galactic intelligence resonating with the bio-diversity of Planet Earth and, of all planetary domains within this star system, Earth's biology was created as a bio-diverse paradise to locate this experience.

At that stage of evolution, the decision was made to conduct planetary development through a conscious awareness of feeling. The choice was that Earth would be the only planet of choice, that is, the only planet of free choice in the entire Universe, the only planet for the balancing of the spiritual with the physical, in other words, the creation of a paradise as an unprecedented cosmic experiment.

Thus, the body of water allowed the language of 'feeling' to be conducted. You see, a higher consciousness within the Universe wished to investigate the nature of these energies in three-dimensional form and to advance octaves of consciousness that were hitherto unexpressed. These 'octaves' exist distinct from emotion, as emotions are distortions – they are experiences of separation from the one and only Source – whereas the higher order of feeling is congruent with Divine essence. The Angels posit that Love is not

an emotion... it is a higher vibration that brings soul through the various octaves of planetary consciousness.

The Power of Water

Earth's surface water is still 95% salted, and salt water conducts electromagnetic energy with great velocity. Similarly, we know that human beings express their creativity and feeling states through fluid, whether this be through tears, perspiration, joyous sexual exchange, the removal of waste, or the life of the fetus suspended within the amniotic fluid, breathing in and out its life producing juice. Our bodies have always been governed by the elements of earth, water, air, fire and ether.

Water is the super-conductor of feeling – a theme explored by professor Masuro Emoto's work in *Messages in Water* – and as Earth is the only planet of choice, the Blue Planet has become a laboratory for states of contrast that require choice to make them function. These contrasts arise from a binary system that indicates that nothing is singular, for all things are plural. Where there is light, there is dark, where there is thought, there is feeling, where there is love, there is hate, where there is guilt, there is innocence, where there is expression, there is suppression, and where there is acceptance there is denial. This list literally moves off into infinity for there are many contrasts that have been created throughout the vistas of consciousness found on Terra Firma.

So we see that Planet Earth has always been pivotal in the evolution of cosmic life, and its closeness to the Sun at the centre of the solar system, shared similarly by Mercury and Venus, further illustrates this. Therefore Planet Earth has become a unique place for each Monad to live, with its three-dimensional vibration frequency, its fascinatingly diverse biology, its binary system of choice, so that the Monads were able to refract into singular formations from their source.

Each soul was given the opportunity to incarnate in a physical body, to experience the sensations of being human by touching the temporal domain. The Angels teach that the human skeleton was formed through a divine blueprint, whilst the muscular-breathing sensory body was created through a spectrum of thought-choice determined by each human being. Each soul became incarnate to possess sole responsibility for its physical form, whilst at the same time remaining in eternal connection with the Source.

Human and Planetary Evolution

We need to awaken a crucial understanding at this time of evolution: that what we need to stretch into is the dawning of a radical new breath. What we need to become aware of is that the choices many of us have made on Planet Earth are not resounding with the highest truth, and therefore our planet is not evolving as fully as it could. These self-exploitative choices have fixed our human condition into the desires of the flesh alone, which constantly grabs for more and more stimulus. Yet, in order for the Universe to evolve, it is quintessential that Planet Earth also evolves. Simultaneously, in order for the other planets to evolve, it is important that we human beings evolve, so that the love of the Universe may generate the energy that feeds the Creator/Creatrix of the Cosmos as one vast in-breath.

Conversely, what has happened on Planet Earth is that many souls have become held or trapped within the atmosphere of the planet, and so these souls reincarnate over and over again in the same world, held in the feverish desire for materialism. This state holds them firmly within planetary force, even though the Earth was originally created to teach the balance between the celestial and the temporal, the spiritual and the physical.

The Angels ask us to see that it is imperative to remove this stuckness in the gravity of the human form. It is crucial that we alert the emotional body to its desires, elevating grosser emotion to a higher plane of pure feeling. It is significant that we remove self from self to create a fulfillment of our energies and, therefore, alleviate the emotional density created by our misuse of gravity.

Then, and only then, may the true reality be revealed – the merging of spirit with body as a manifest purpose of humankind. We must know that within each of us is the key to bring about change; it is our responsibility, our free will, and our choice.

The Societies of Atlantis

The people of Atlantis lived out their earth-borne incarnations through a three-dimensional plane of existence whilst perceiving life from a fifth-dimensional perspective. It was only the Atla Priest-Scientists who were able to access further levels of soul intelligence – from the sixth to the ninth dimension of consciousness and, in some cases, even further. In all, there are twelve dimensions, and the higher levels present a separation from that which we currently perceive as the reality of 3D. These higher harmonic

levels move through the tenth, eleventh and twelve dimensions, and eventually suffuse with the Creator-Creatrix principles at the source of creation.

As twelve is the number vibration of universal resonance, the Atlanteans lived in twelve communions across the continent, and the Angels tell me there were 7,000-12,000 beings living in each communion – number seven mirrors the resonance frequency of Planet Earth. The communions were built in circular formations, mirroring the wave energies of the cosmos, which perfected degrees of inclusivity as each individual soul balanced its human choice with that of Divine will.

At the centre of each communion, a Temple was constructed for profound devotion and healing. Living a fifth dimensional frequency meant being in connection with a rare degree of sensitivity – particularly with regard to the holy law of one-ness – and so the Atlanteans attended the Temples for specific rituals throughout the twenty-four hour cycle of day and night. This they did to remain pure within their vibration, by honouring the solar and lunar energies, and in conjunction with the other planetary domains of the Universe.

The rituals were exquisite liturgies experienced through the fullness of consciousness that brings body and spirit together and, in essence, the rituals were interpreted by highly evolved initiates who were ordained as the Atla Priest-Scientists and who knew how to evoke states of mind-altering consciousness, for the Atla possessed the ability to heal with the profound use of Light and Sound.

The vibration of these healing modalities were amplified through the significant use of refined crystals like Diamond, Quartz, Larimar and Amethyst, alongside other semi-precious stones, formed from Planet Earth's geology, or brought from other planetary systems, as there were many visitors from other star systems engaged in the experiment of Terra Firma.

The Crystal Skulls

At the centre of each Temple was placed a Quartz Crystal Skull. These mighty stellar brains, carved from solid pieces of crystal by the use of laser and sonar, were encoded with pure cosmic transmissions from the Matrix.

Altogether, there were twelve Quartz Crystal Skulls and yet, during our current Earth time of 2011, only one has been found, in 1927, during the archeological dig of a Mayan Temple in Belize. This skull is known as the Mitchell-Hedges and, as with the other skulls, it holds powerful cosmic energies that in our current 3D density we have lost the ability to read.

The Angels teach me that the eleven other Quartz Crystal Skulls were

dematerialized by the Atla during the end times of Atlantis. You see, the Priests knew all too well the extraordinary power of the Skulls and secreted them within the library of thought held within the etheric body of the great Sphinx at Giza. Interestingly, since the late nineteenth century, geologists have attempted to discover this hall of records, and have been thwarted in their attempts. The reason being that the cache is held within the sound codes of the ancient ones.

The thirteenth skull (13 being the number vibration of spiritual transformation) was made from Amethyst, and resided in the sanctuary of the great Temple of Poseidon. This was the Temple of the Infinite Being, located in an area we now know as the Atlas Mountains of Morocco. Poseidon, the God of the Ocean, was proclaimed the Seal-Keeper of Atlantis – the latter being a sonic glyph for ‘the land that rose from the water’.

The Amethyst Crystal Skull was a Gatekeeper Crystal drawing the force of the other twelve skulls into synchrony and creating a portal within the gravity of Planet Earth for the entry of higher-dimensional beings and their information about the life of the Cosmos. The skull was placed within an orichalcum shield beneath the giant Tuaoi Crystal, which was housed within the sanctum sanctorum of Poseidon’s Temple. Orichalcum is a golden colored bronze alloy which was used extensively throughout Atlantis for its unique transmission of force.

Indeed, Crystals amplify sonic and light energies, allowing a greater connection with force to take place, for both are pure transmitters of the emanations of Source energy and, as spiritual purity was the key power of Atlantis, these instruments were used constantly to attain healing and sustainable joy.

The Tuaoi, or Great Crystal of Atlantis, was also known as the ‘Firestone’, and was a cylindrical quartz Star-keeper crystal of vast proportion, cut as a six-sided prism. This was a transmitter for the inter-galactic force that poured through it – solar, lunar, and stellar energies were magnetically drawn to the Tuaoi which, in turn, generated force for the whole continent of Atlantis.

This power generated health-enhanced states for the people, and for the widespread flora and fauna of planetary life. Indeed, the Angels teach me that the technology of the Giant Crystal of Atlantis created an atmospheric dome over the continent, which stabilized the meteorology and promoted a rarefied eco-system. Living within the dome produced enhanced energies

for the fifth-dimensional lives of the people, who often lived a span of years far surpassing our present chronology of human life.

The Angels tell me that the twelve Adepts, the highly evolved Priest-Scientists of Atlantis, were the only beings permitted the grace of attending to the Tuaoi and the Amethyst skull. The Priests and Priestesses were extraordinary in their spiritual lineage; arising from the Orion and Sirius star systems, they had passed many soul tests through hundreds of lifetimes of achievement and were profound in their spiritual wisdom and technology. Indeed, they were the harbingers of later civilizations, such as Egypt, the Celtic Nations, Mesopotamia, Greece and the Roman Empire, which I refer to later.

Each of the twelve Angels of Atlantis gave specific service to the twelve adepts, albeit the Angels ubiquitous force meant that they could be present to all beings at all times. Moreover, through archetypal force, they were able to bring planetary, elemental and celestial energies to a point of divine union and, in consequence, this helped the stabilization of the currents of energy that functioned through 3D planetary existence.

The Angel's inter-stellar presence was considered to be profoundly sacred, so much so that the Priests regarded the Angels as celestial guides and sacred attendants. Indeed, this essential belief lived on through ancient Egypt, Greece and Rome, and in *The Egyptian Book of the Dead* there are actually 500 known celestial presences. Whereas, in the antique cultures of the Mediterranean, Angels were made practical in the lives of the people through the notion of the Greek 'daemon' and the Roman 'genius', and were considered the guardian force of each person.

The Atla Priest-Scientists

The Atla Priest-Scientists had seven names, each representing a different aspect of their divine action. These names are protected by astral veils, for if one possesses the name of someone's identity, the person's life force may also be held. Therefore, the Atla' names were only spoken by initiates whose integrity was unquestionable, and they were recorded in the Amethyst Crystal Skull, and to this day are still untraceable. Instead, what exists is how their identities were transmuted into others at the time of the great continental cataclysm.

This was an earth-shaking event, created by the dark force of desire, which completely shifted the magnetic grid of the planet, altering the polar axis. Before this horrific disaster, the Atla telepathically new of the impending doom, and so took the 'ways of truth' to new lands, each supporting the

migration of one of the twelve communions. Consequently, this released the dark force as part of the karmic evolution of the planet, and the new land areas became the colonies of the former communions.

The Atla-Priests names became:

AMUN
ANUBIS
HATHOR
ISIS
MAAT
MUTT-NUTT
OSIRIS
PTAH
RA HORUS
SEKHMET-BAST
SETH
THOTH

At the time of completion, the Atla journeyed in twelve specific directions, led by their unique intelligence, and following the Ley-Lines of the planet's matrix, to other powerful earth energy centers. The solar-crystal technology they possessed powered Flying Ships that were used to travel thousands of miles over vast areas of land and water, as well as travelling by the use of mind-altering aspects of their consciousness – for they were Lords and Ladies of weight, space and time. You see, because of their increased intuition and higher levels of psychic intelligence, they could draw on the Cosmic Matrix for energy, and so:

Amun moved to Peru
Anubis moved to Tibet
Hathor moved to the North Mediterranean Islands
Isis moved to Palestine and Ur
Maat moved to the Mayan areas of the Yucatan Peninsula
Mutt-Nutt journeyed to the island now known as Great Britain
Osiris journeyed to Egypt
Ptah moved to Mesopotamia and Egypt
Ra-Horus moved to Greece
Sekhmet-Bast moved to Egypt
Seth moved to what is now North America
Thoth moved to Egypt

The Priest's names in their later Greek/Roman lives became known as:

Amun – Diana or Artemis
Anubis – Poseidon or Neptune
Hathor – Aphrodite or Venus
Isis – Demeter or Ceres
Maat – Hades or Pluto
Mutt-Nutt – Hestia or Vesta
Osiris – Zeus or Jupiter
Ptah – Hera or Juno
Ra-Horus – Apollo or Phoebus
Sekhmet-Bastet – Athena or Minerva
Seth – Ares or Mars
Thoth – Hermes or Mercury

The ideals, archetypes or characteristic vibrations of these beings I will explore in later chapters, and yet look how the number vibration of the Atlantean legacy lives on through the knowledge of contemporary esoteric practice:

1. The 12 Angels of Atlantis
2. The 12 Dimensions of Consciousness
3. The 12 Laws of the Universe
4. The 12 Planets of this Solar System
5. The 12 Astrological Signs
6. The 12 Solar/Lunar Months
7. The 12 Tectonic Plates of Planet Earth
8. The 12 Tribes of Israel
9. The 12 Cranial Nerves
10. The 12 Chakras
11. The 12 Acupuncture Meridians
12. The 12 Apostles of Jesus

Twelve Universal Laws

The Twelve Laws Of The Universe were crucial maxims by which physical life in the three-dimensional nature of Planet Earth was fully comprehended. The laws were considered to be fundamental keys to creation and used effectively to balance the lives of the people. Furthermore, the keys were direct conduits to Source energy and the laws stabilized love, harmony and abundance.

Moreover, by the maintenance of the Twelve Laws, it was believed the divine jewels of unconditional love, patience, charity, compassion, grace, honesty, joy, hope, gratitude, kindness, humility and faith were more easily maintained.

The Laws were:

1. THE LAW OF ONENESS – All molecular energy, of both Human and Planetary force, was considered to be part of the interconnectivity of Universal Consciousness. There was no belief in separation as all things were considered inclusive. Hence the presence of each temple built through the geometry of the circle, suggesting the inclusivity of the feminine principle. Through fifth-dimensionality, the Atlanteans could see the direct effect of the theory of oneness.

2. THE LAW OF VIBRATION – All of creation is composed of vibration occurring in cycles or waves of circular patterning. All outer manifestation was believed to be the vibration of all inner reality. Therefore, the Atlanteans meditated on the vibration of quickening in their lives. They observed the quivering of a leaf in the wind, or the impulse of sound vibrating across water. They truly honoured this powerful force of nature.

3. THE LAW OF RELATIVITY – Each incarnation was chosen to experience initiations or soul tests to strengthen the soul-light within. Each test was seen as a challenge, not a problem, and each individual was taught to remain connected to heart consciousness by loving the natural world. Similarly, it was believed that if unhappiness existed, there was always someone else experiencing a deeper despair. So emotional and spiritual intelligence were taught and experienced as tools for becoming embodied – spirit fully living in matter.

4. THE LAW OF RHYTHM – All of nature vibrates through the rhythms of life, creating the seasons or circadian rhythms, the cycles of nature – such as day follows night through the rhythms of growth or evolution. Positivity was always seen as transformed negativity. Therefore, the Atlanteans honoured the substance of rhythm in their lives by honouring the sacredness of the day moving into night, or of spring into summer.

5. THE LAW OF POLARITY – All parts of planetary force exists through the continuum of contrast – all states exist with an opposite pole. There-

fore, the Atlantean people were taught to change the existence of a challenging circumstance by concentrating on the opposite. Living at a fifth-dimensional level on Planet Earth gave an immediate sense of the difference, and similarity between Earth and the energies of Source. The belief was that no linear reality existed beyond the first three dimensions.

6. THE LAW OF ACTION – All flow exists by being engaged in the action derived from thought, word and deed. Sound brings action to manifestation, so the Atlanteans engaged in sacred voice through song, chant and speaking prayer, to evolve practices of profound action.

7. THE LAW OF ATTRACTION – All thoughts, words and deeds attract like-energy. Therefore, the Atlanteans used the individual, universal and cosmic heart chakras to magnetically draw creation into existence. They saw thought as an electrical force, and feeling as magnetic. They were able to decide on what they wished to attract, and feel what it would be like to have the desired object, all in service to the Source.

8. THE LAW OF MANIFESTATION – The visible effect of our actions may be given in gifts, miracles, blessings and friendship, or as contradictory measures. Therefore, each Atlantean was encouraged to see the daily miracles of life on Earth as a direct consequence of their belief in manifestation.

9. THE LAW OF KARMA – Every action has its cause and effect, its action and reaction. Nothing happens by chance, for what you sow you reap, and when we see life thus, we truly see the grace of spirit moving through all things.

10. THE LAW OF TRANSMUTATION – All beings have the essential ability to transform all conditions so sad becomes happy, and hate becomes love. Applying this universal law through respect of polarity brings powerful healing and transformation through the vibrations of light, colour and sound.

11. THE LAW OF GENDER – All beings and all force have a male and female counterpart. The Atlanteans learned that becoming a Master meant first that you must balance these energies within, and thence become a co-creator with the Source.

12. THE LAW OF INTENTION – All energy flows through intention, and the force that is denied, refused, or resisted, holds negativity rather than supreme acceptance. Therefore, the Atla taught to always focus on the highest ideal, and then the higher levels of spiritual consciousness would be attained.

12 Helix DNA and 2012

With the abiding support of these Laws, the Atlanteans lived with a twelve helix DNA. This state was uniquely refined by the clarity of their intention to increase the light field of each living thing, and was sustained by the twelve chakras of their personal and trans-personal bodies. This fusion of DNA and chakras enabled them to live a fifth-dimensional status and, therefore, their lives vibrated with an increased sensitivity for love and peace. Unified within, this meant an enhanced sense of psyche, of clairsentience, clairsaudience and clairvoyance, and these abilities allowed the manifestation of material substance via telekinesis – by mind over matter. These advanced intuitive powers enabled the Atlantean people to easily draw on the force of the Cosmic Matrix, in the same way that the Angels existed.

Similarly, at this time, waves of inter-galactic energy are reaching us from a swiftly evolving Universe and we are being given an opportunity to expand our souls and light bodies to a fifth-dimensional state. As all the planets of our solar system move into a unique axial formation – each planet coherent with the next – Planet Earth will receive an impulse of love from the very centre of the universe so great that the celebrations of December 21st, 2012 will be a festival of love the like of which human beings haven't experienced for twenty-six thousands of years.

Therefore, as the energy matrix of the planet transforms, as the electro-magnetic grid shifts, as the very fabric of our space-time continuum consorts to a different octave, as our light body evolves, we are seeing, and furthermore we will see, extremely unusual global phenomena – the manifestations are limitless. Whether this be through whole-scale seismic activity, dramatic weather conditions, unusual bird and animal behaviour, physiological complaints, rare molecular changes, seasons lengthening or contracting, light enhancing or dissolving, increased UFO or Crop Circle activity, and the immediate manifestation of intended action – all and more will pulse with a new verve and a different tempo. For it is written in the Christian Bible: *If you have faith as a grain of mustard seed, ye shall say unto this mountain: Remove hence to yonder place; and it shall move; and nothing shall be impossible unto you.* (– MATTHEW 17:20)

Guardians of Thought

We must become guardians of our thoughts, for immediate creation will occur whatever the thought as a consequence of the amazing acceleration of planetary force during this time of vast change. Thoughts are things, thoughts bring reality into creation, thought forms create powerful fields of energy that move within us and extend beyond us. They determine our physical and emotional state, for what we think we are.

It is time to resolve the fear-based pollutions, or the repetitive behaviours that have grown from childhood difficulties or from karmic lesions. These emotions fester in the shadow consciousness of our being, bringing myriad challenges. The emotions of fear and anger pollute the rivers of our Chakra system, which is the bio-computer of our whole energy system, and prevent us from opening the trans-personal Chakras of the eighth through to the twelfth. The Chakras enable our light body to evolve and expand – therefore, self-realization is the key – and practicing a different mind-body relationship is the gateway, whilst facilitating the noble rite of the Violet Flame is the solution.

The ancient ritual of the Violet Flame was established in Atlantis, experienced by the ancient Egyptians, re-introduced to us in 1987 on Mount Shasta by St. Germain (the Master Alchemist), and applied by millions of Lightworkers to release, expiate and atone personal or collective karma.

The Keys to Developing Harmonic Mind/Body States

Self-realization arises when we truly recognize:

1. That we are inter-planetary beings from the Source
2. That we are spiritual beings on a human journey
3. That every thought creates reality, and feelings attract outcomes
4. That our biology is our biography
5. That our genetic coding is a karmic choice
6. That suffering occurs when we are not ‘consciously living’
7. That meditation brings us into coherence with Source

Practicing Mind-Body states provide us with the knowledge that:

1. Active relaxation through meditation releases toxic stress behaviours.
2. Feelings of love, compassion, joy, forgiveness and generosity ex-

- pand the energy field of the body through the health of the heart
3. Daily toning of the body, through cardio-vascular exercise, leads to sustainable health; just as eating and drinking water-based food and fluid substances harmoniously affect our metabolism.
 4. Cellular healing through sound and colour leads us to increased light-body emission.
 5. Frequent connections with stillness and nature lead us to the master-mistress management of our lives, and our soul's destiny.
 6. Living love, empathy and compassion opens our faith to the eternal.
 7. Making choices from and loving the Heart brings us into super-coherence.

Facilitating the noble rite of the Violet Flame creates:

1. The expiation of all karma that exists
2. The expansion of our extra-sensory awareness
3. The erasing of the cause behind the effect of disease
4. An experience of one's passion and creativity through the opening of the heart
5. The knowledge of one's position as a force of creation
6. The ecstasy of the interconnectedness of the ALL THAT IS
7. A precise connection with the Source

The 12 Chakras

The Atlanteans lived in a twelve Chakra light body, and these Chakras were wired (through neural pathways) into their twelve-helix DNA. Therefore, they downloaded immunity from the software of the Unified Field of Light into the hardware of their cells through:

12th	STELLAR GATEWAY
11th	SOUL STAR
10th	COSMIC HEART
9th	EARTH STAR
8th	UNIVERSAL HEART
7th	CROWN
6th	THIRD EYE
5th	THROAT
4th	HEART

3rd	SOLAR PLEXUS
2nd	SACRAL
1st	BASE

12 – THE STELLAR GATEWAY

This pure White light force Chakra portal lies several inches above the Eleventh Chakra, at the edge of the light field. Through this Chakra, you may feel your connection with the inter-galactic aspect of your soul's life: it is an energy vortex of vast magnitude through which you may truly experience the cosmic nature of your soul in marriage with the soul of the Cosmos.

It is through this Chakra that evolved spiritual beings, living their spiritual practice as a movement back to wholeness, become at one with the Source. It is an emanation of the Father or Sun aspect of the Christos, the Christ consciousness, and so connects with the apex of your Merkabah. This is the 'chariot' or vehicle for your light body, and it counter-rotates within its geometry as a double formed Star of David, carrying your spiritual and physical body from one dimension to another.

The Atlantean Priest Scientists, the great Atla, used the Merkabah (MER=Light; KA= spirit; BA= physical body) to travel between planetary intelligence, and thence through the use of holograms conveyed the information to the various communions and beyond.

Today, the activation of this Chakra returns us to our original sense of higher consciousness, encompassing the totality of unconditional love.

This Chakra is cared for by METATRON

11 – THE SOUL STAR

This Magenta Chakra connects the soul entity to the feminine aspect of the Christos, represented by Mother Earth, Mary or Quan Yin. Therefore, this light portal lying above the Eighth Chakra gently holds the soul of the human being within the physical body, and is represented by the anointed compassion of the individual incarnation.

Today, we see this supernal energy open within the lives of our leading spiritual wisdom teachers, such as His Holiness the Dalai Lama, the recently departed Sai Baba, Ammachi and Mother Meera. In Atlantis, all living beings were completely aware of their soul star, planetary origin, and reason for incarnating on Planet Earth.

Indeed, the majority of the Atlantean people were from Venus, Sirius and Orion, exploring the nature of being within the physical density of the Earth's gravity.

This Chakra is cared for by SHAMAEL

10 – THE COSMIC HEART

This beautiful Larimar-coloured Chakra lies between the heart and throat Chakra in the physical body, and aligns the soul's incarnation with the interconnectedness of cosmic love, a mixture of heart centeredness and divine expression. It is opened in celebration of its alignment with the consciousness of the twenty-three other civilizations existing in the Universe. These civilizations exist within the far reaches of the Galaxy, and in our contemporary society we are just opening to a responsibility for our extra-terrestrial or ultra-terrestrial neighbours, whereas, the Atlanteans were frequently visited by inter-galactic travelers, thereby opening an expanded awareness of the vast astronomical life existing within the Multi-verse.

This Chakra is cared for by ZADKIEL

9 – THE EARTH STAR

This Gold Chakra lies three to seven inches beneath the feet of the incarnated soul, and allows the notion of Planet Earth's duality to be balanced within the individual. When duality reaches a point of interconnectedness, a comprehension of oneness occurs – the still point of the turning world between the poles.

Furthermore, this Chakra creates a triangular point at the bottom of the Merkabah, and so unifies the upper transpersonal Chakras with the lower personal Chakra. With this intact, Source Energy pours through the individual to restore the harmony of Planet Earth's consciousness. Divine love becomes Earth's loving force and, in contemporary planetary life, we see evidence of this Chakra awakening through people's interest in ecology, the action of co-creation, and the protection of Earth's nature.

Similarly, the Atlanteans lived co-creatively with the Earth Spirits and Mother Nature, and so were extremely alive to the pulsations of Mother Earth within the physical presence of her Sun and Moon cycles, so that her rhythms and pulsations were venerated by all.

This Chakra is cared for by SANDALPHON

8 – THE UNIVERSAL HEART

The Silver of this beautiful Eighth Chakra lies just above the Crown, and its vibratory state connects the individual with the notion of universal love – all living beings are interconnected throughout the Planet and at one within the Universe.

On Earth this Chakra has recently awakened in many people, particularly as a result of the developing attention and concern about the vastly changing nature of our planet's ecology, and the devolution of our estab-

ishments. This chakra is the route through which the soul awakens the mental body of the person, illuminating the conviction that “what is above, is also below”, and so spiritual discernment occurs on the Earth plane. Objectivity awakens bringing about detachment from conditioned beliefs that are no longer functioning realities within the context of living our lives as spiritual beings on a human journey.

Furthermore, through the UNIVERSAL HEART, we receive oracular messages from the spiritual realms, which download into the seven personal chakras of the physical, emotional and mental bodies.

The Atlanteans ritualized their connection with the universal and earth communities through this chakra, for it was the vector of force that constantly moved them to the conviction of their non-local loving.

This Chakra is cared for by URIEL

7 – CROWN CHAKRA

The Violet of this portal represents the zenith of the seven personal Chakras. Through this energy centre ‘light body energy’ flows into the trans-personal Chakras of the eighth through to the twelve, thereby linking the nature of our three-dimensional human form with the higher realms of spirit.

The crown Chakra sits a few inches above the top of the head and connects with the pineal gland. This Chakra allows light from the Source to pour into the physical membrane of the individual, and brings connection with the super-conscious mind, the higher self, the cosmic consciousness of God.

This Chakra is cared for by MICHAEL

6 – FOREHEAD CHAKRA

The Indigo nature of this portal is connected with the pituitary gland, and is seen as the ‘all seeing eye’ of the intuitive aspect of our consciousness. This eye of wisdom looks at the inner seeing of transcendent consciousness, and is awakened as intuition or clairvoyance. Through this ‘eye’ we develop the ability to see through physical form the underlying energy patterns of the subtle body of the universe.

This Chakra is cared for by RAZIEL

5 – THROAT CHAKRA

This Blue Chakra portal is associated with expression, communication, and the thyroid gland. It is the centre of your higher creative energy and, therefore, creates a transition between your personal will and higher spiritual faith.

This Chakra is cared for by GABRIEL

4 – HEART CHAKRA

This Green Chakra processes unconditional love, empathy, authenticity and compassion. It is connected with the movement between the non-physical and physical senses of self, and is associated with the Thymus Gland.

This Chakra is cared for by RAPHAEL

3 – SOLAR PLEXUS CHAKRA

The Yellow ray of this Chakra is the seat of emotions and will-power. It connects with the Adrenal Glands, and the fight-flight, attraction-repulsion, contraction and expansion impulses which are all triggered by outer stimuli.

This Chakra is cared for by JOPHIEL

2 – SACRAL CHAKRA

The Orange ray of this Chakra portal connects with the issue of polarity, the yin and the yang of the relationship process. It helps us connect and relate with other beings and the world through creative pathways. This energy is associated with the sexual organs and glands.

This Chakra is cared for by ZAPHKIEL

1 – BASE OR ROOT CHAKRA

The Red of this Chakra is the root of the physical body in three dimensions. It focuses our earthly life, and deals with issues associated with survival, endurance, grounding, maintaining and nourishing vital force. It is similarly associated with the sexual organs and glands.

This Chakra is cared for by HANAEL

The twelve Chakras are the bio-computers or databases for the energy field of the human form and, therefore, contribute to the interflowing energy of our four bodies – the physical, emotional, mental and spiritual.

The Chakras are spiritual centres of force, vibrating at a frequency of light seen by those who have the ability to lift their frequency in order to perceive the quality of light that affects the density of the physical body.

For example, in the case of the Eighth Chakra which, when open, formulates a shower of light within the Etheric shield, it can be seen as a Halo around certain beings. View the great paintings of the Renaissance, or Aura Photography, and you will see that a shower of white, silver or coloured light is clearly visible as the God presence of each being.

Cellular Body

At the completion of the Atlantean civilization, much of the inter-stellar force that communicated with the people of the twelve communions began to disconnect its subtle integrations with their lives. This was largely witnessed within the crystal force used to generate power for the communities of people. As the force dwindled, the awareness of the five trans-personal Chakras began to fade, except in certain situations when the Priest Initiates, as highly evolved beings, took their mind-altering practices into special wise enclaves, such as the Ancient Egyptian, the Essene or the Mayan Temples.

As this occurred, each human being's light body began to contract and, in so doing, the whole nature of the molecular force of each person changed. This meant that the remarkable sensitivity of the Atlantean people, and their telekinetic powers, began to diminish – their clairsentient, telepathic, and intuitive propensities literally faded.

Within the light force of the Atlantean cellular body, each molecule shaped into a twelve-helix DNA, and within each helix were thousands and thousands of genes. These genes formulated codes that created each person's nature, and as the light body of each person diminished, so did their DNA structure – moving into the double helix DNA we possess today. However, during the Golden Age of Atlantis, human beings possessed sixty-four combinations of carbon, nitrogen, oxygen and hydrogen – the building blocks of creation – whereas today only twenty combinations exist.

Our work with the Angels of Atlantis is to restore the forty-four remaining codes, to shift our consciousness from the limitations of its current state, and to partake of the supernal joy that is our divine right. For as we heal our physical bodies, we create powerful vectors of force that open

our spiritual bodies. Therefore, the pain of loss, isolation and separation begin to disappear, and we return to a total belief in the Source – that space of infinitely unfolding possibility, full of love and joy. As we progress in the direction of bringing heaven onto earth, the temporal challenges of the visible world literally drop away, and we return to a state of bliss.

Significantly, forty-four is the Master number that initiates the meeting point between the material and spiritual domains and, therefore, resonates the purity of Atlantis. If you add together the two fours digits within the number forty-four, the total becomes eight, and if you imagined this digit vertically positioned, you will see the figure of material strength, whereas if you place the digit horizontally it becomes the symbol of infinity – the secret code of divine providence.

Eight-Pointed Star Meditation

Let us use a Sonic Meditation from Atlantis, one that opens the portal of the eight-pointed star, the hidden essence of the Atlantean connection between body and spirit. The Star of Eight is an important number constellation in terms of Earth's stability and balance, and still appears in many cultures such as the eight paths of the Buddha, the eight immortals in the ancient Chinese tradition, and the eight notes of the Octave in the Western traditions – for the sounds of the octave teach all saints to be blissful.

The number eight has universal symbolism, it brings balance, harmony, and cosmic order, and is regarded as a union of the Star's and Humanity's attempt to understand and communicate the unity inherent in all creation.

The eighth planet furthest from the Sun is NEPTUNE, and has a blue hue created largely by the frozen ice that covers its rocky face. As a consequence Neptune is often considered to reflect the surface of the Blue Planet, of the Earth's domain. Neptune or Poseidon was the God of the Sea, and specifically connected with the nature of Atlantis – the name of which means “the land that arose from the sea”. Therefore, Poseidon's oceanic domain is associated with the emotional body, and the unconscious mind of humanity.

By using this meditation, we will begin to underpin the nature of the Atlantean experiment in our bodies, we will draw spirit into matter, and make a profound connection with the Divine.

1. Move to your sanctuary (meditation space), burn incense, light a candle, play ambient music to tone the atmosphere, and cradle the intention of love energy around you.

2. Feel your spinal energy aligned, whether you are seated cross-legged or on a chair. Check that you feel grounded, with your feet or sacrum in connection with the ground.
 3. Imagine a golden beam of light moving through your spine – this is your pranic cord – down through the strata beneath you until you touch the very core of Mother Earth. Then, once more, bring the golden beam up, up through you, and out through the top of your head beaming off into connection with Neptune. Imagine yourself passing Mars, Jupiter, Saturn, and Uranus to Neptune.
 4. Rest for a moment, as you will feel a sensation of this powerful connection reaching deep into your energy field.
 5. Then breathe in the very energy of Father Heaven, seeing the light of pranayama moving through the whole of your being as you breathe wide and deep into your physical being. Feel yourself breathing in the blue energy of Neptune.
 6. Do this 8 times, aligning your very force with the symbolism of the spirit/flesh connection of Atlantis.
 7. Then place your hands on your Heart Chakra, and sound *HAA* three times through your heart, connecting you with your own specific signature note.
 8. Then sound *HEE* three times in your Eighth Chakra – this will further draw cosmic energies from Neptune into your being.
 9. Then rest for a while, feeling the extraordinary energies moving into your being and into your light body, beginning to fuse a profound connection with the nature of Atlantis.
 10. Visualize two deep blue eight-pointed stars covering your heart Chakra, one before and one behind, and spin them in a clock-wise direction whilst you say *RA MA TI MA* three times. Then say *TI RA MA RA* three times. This is an ancient Atlantean Chant meaning: “Everything sacred is blessed – everything blessed is sacred.
 11. Then pause, absorbing the powerful energies moving through your heart which is the portal that cradles the divine union between flesh and spirit, the intuitive and cognitive, the material and celestial.
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PROLOGUE

This prologue cum chapter rings a clear peal of interesting information concerning life on the continent, and how different the culture, beliefs and mores were from our present societies. Moreover, it sets a backdrop of contrast about living, breathing Atlantis, not in any entirety, but to give a cyclorama of possibilities concerning this extraordinary race of people and how they lived.

The chapters that follow are written as a more lyrical exposition of the twelve Angel's essential characteristics and archetypal values. How they were present in the life of the Atlanteans, and how they are pervasive in our lives today to heal, inspire, provoke, exercise, love and generally aid us with our soul's evolution.

Each chapter contains practical exercises with meditations and prayers, alongside radical information about the Angels' intimate relationship with the Atlantean, Egyptian, Greek and Roman Priests, Priestesses, Gods and Goddesses.

May you feel their presence sanctifying your life!

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STEWART PEARCE is an internationally renowned voice coach and sound healer who has helped many at Shakespeare's Globe Theatre and the Webber Douglas Academy of Dramatic Art in London. He has worked with numerous celebrities and statespersons, including Simon Callow, Vanessa Redgrave, and Anita Roddick, as well as with corporations such as the BBC and L'Oreal. He also coached the London 2012 Olympic Bid team.

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