



Introduction to Sufi

Spiritual Healing

with Mary Halima

The sufi's focus on the heart center as the seat of the soul, and ultimately as the doorway and direct path to union with our Divine Nature. There are many and varied healing traditions in the sufi way. In this soul acceleration program we will be chanting and experiencing transmissions of the Divine Names or

Lights of G-d/Source/Zero Point/AllThatIS in Arabic. These Divine Names are encoded with the vibrations of the sacred sound technology and numerology inherent in the Arabic sacred language. Other sacred living coded languages include Hebrew or Sanskrit. I may also be reciting certain prayers in Arabic that clear dark energies depending on what is needed. These recitations taken from sacred texts are powerful healing prescriptions that work!

This sufi healing method comes from an ancient lineage that has been passed down through an unbroken line over many centuries. Invoking, chanting, and receiving these Divine Names are powerful and transmute soul energy. Jesus, may peace surround him, said in Aramaic, "*eth fattah*" (Ya Fattah in Arabic) which means "*Be OPEN*" when he restored a deaf man's hearing.

The heart energy center (or heart chakra) is a hologram and contains your entire existence, your physical body, your memories, and is the doorway to your soul, your DNA and your soul's decreed purpose as well as your assigned soul lessons.

Sufi Spiritual healing is gentle, palpable and profound.

I will be invoking and transmitting these Divine Lights of Source that automatically illuminates, heals, transmutes and transforms the heart and soul. Often we will be chanting the Divine Names, or Divine Qualities of Source together in the sacred language of Arabic. Your soul recognizes the sacred language and also recognizes your own voice vibrating the Names. Traditionally, there are 99 Divine Names and each has a different sound code and numerology that your soul recognizes and responds to.

This sound technology will either be filling you with it's Divine Light or it will be healing/clearing your individual, collective and ancestral soul issues that no longer serve you. Source knows what you need in each moment. Sometimes it purifies, clears, cleans. Always the Divine wants to fill you, infuse you, upgrade and uplift your soul. The Divine wants you to be happy, healed, healthy and fulfilled.

We'll be purifying/clearing your assigned soul lessons and whatever it is that is keeping you from living your highest soul purpose, AND after opening more space in your soul, we'll be filling and beautifying and re-wiring your soul with the Divine Lights your soul is needing.

Many people say they experience the Divine Names & Qualities of Source as different Lights, Rays or colors, or they feel it like a balm or a taste of honey inside their heart or a feeling of deep peace & safety or an absolute *knowing* or *hearing* of the truth.

You will each feel it according to your unique inner seeing/feeling/knowing/hearing mechanism.

Since G-d/Source/Divine Love is the healer, it is safe, easy, true and it will never re-ignite a trauma. While emotions may come up, it is for your healing and never for you to re-live a traumatic or painful experience

It's also quick, to the point and can save you years of therapy!

You will feel/see/know more space inside your heart and soul for creativity, passion and purpose.

As the sufis always say - it's about tasting and experiencing for yourself. There is no compulsion.

I invite you to try it on for yourself and see how it feels to you.

Peace & blessings to you,

Mary Halima Fleming, FHTJ

<http://fhtjoy.com/heart19>

