



LISA THOMAS

Energy Healing Expert

Helping you release negative energy patterns
that keep you from living the life you love.



AFFIRMATIONS

Money does not have to be complicated, it is our inherited belief system and our ancestor's feelings that cause us to experience money the way we do.

I have experienced, in my work, client's ancestors who have been killed because of money; hence, the fear of having it gets passed down in the memory cells of our body and it affects all we do and the decisions we make with our money.



Healing Meditation Affirmations for Releasing Inherited Money Beliefs

I am 100% deserving in having money, growing my money and keeping my money

I have a healthy relationship with money now and always...

I am **easily accepting an increase of money** abundance.

I have a healthy relationship with money and 100% trust **I am worthy of more prosperity.**

I am no longer addicted to the inherited pattern of spending
all my money just because I can.

I am attracting wealth and prosperity in unlimited abundance for my highest good.

I am confident as a leader and 100% deserve to be seen and paid for my contribution.

I am allowing my self-worth to be part of my consciousness, **I have the clarity and confidence** to show up in all that I do and receive the financial abundance that I am worth.

Money comes easily and frequently to me as my ceiling is open
to allow an increase of financial abundance into my life.

Money is just an energy and resource to help me to serve my family,
others and create my ideal life.

I am attracting wealth and prosperity in unlimited abundance for my highest good...
whether I believe it or not.

**I add massive value to people's lives doing what I love, they add massive
value to mine by compensating me for using my gifts and talents.**