

2019

Personal Month Numerology

GUIDE



Kari Samuels

Every year the calendar changes, your personal numerology changes too!

Knowing your personal numerology can save you a lot of time and energy. If you know how to prepare for your important decisions, you can always be in the flow of your life.

The Universal Year energy will affect everyone. Within those greater cycles are your personal cycles such as your Personal Year, which will be your overall theme for the year. You also have a Personal Month cycle which that change with each calendar month.

Here is how to find your Personal Month number:

Simply Add your Personal Year Number to the number of the Calendar Month, then reduce that to a single digit!

Personal Year Number + Calendar Month = Personal Month Number

For example, if you are in a 5 Personal Year and you want to know your Personal Month Number for January:

$$5+1 = 6$$

Here's another example:

If you are in an 11 Personal Year and you want to know your Personal Month Number for December:

$$11+ 1+2 = 14, \text{ and } 1+4 = 5.$$

Once you know your Personal Month in numerology, you will know the right timing for success!

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Here's how to plan your months with your personal numerology:

My Personal Year Number is _____

the Current Month is _____

The sum of these numbers is _____ (reduce that to a single digit)

Alternately, you can look up your Personal Month Number in the chart below.

Personal Year #	1	2	3	4	5	6	7	8	9
January Personal Month #	2	3	4	5	6	7	8	9	1
February Personal Month #	3	4	5	6	7	8	9	1	2
March Personal Month #	4	5	6	7	8	9	1	2	3
April Personal Month #	5	6	7	8	9	1	2	3	4
May Personal Month #	6	7	8	9	1	2	3	4	5
June Personal Month #	7	8	9	1	2	3	4	5	6
July Personal Month #	8	9	1	2	3	4	5	6	7
August Personal Month #	9	1	2	3	4	5	6	7	8
September Personal Month #	1	2	3	4	5	6	7	8	9
October Personal Month #	2	3	4	5	6	7	8	9	1
November Personal Month #	3	4	5	6	7	8	9	1	2
December Personal Month #	4	5	6	7	8	9	1	2	3

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To find out what's in store for you each month, you can use the interpretations below.

1 PERSONAL MONTH

This is a wonderful time to start a new project, plan for the future and initiate action. 1 is the number of the self, so you might find yourself wanting to express your personal needs more, do more exercise, take better care of yourself and even be a little competitive. That's a good thing. It's important for you to put yourself first. This is a month of ACTION, so don't think too much. This is a number of movement, so get up and GO!

2 PERSONAL MONTH

After all the activity last month, now it's time for you to find some balance. Yoga, meditation and movement are all important to keep your body, mind and spirit in harmony. You might find yourself feeling extra sensitive and even having vivid dreams. Your subconscious is getting your attention, wanting to unwind and unravel any unresolved feelings or intuitions. Relationships will be on the forefront. Make sure to nurture them. Bring some more romance into your life. Focus on what's important - matters of the heart. Relax, rejuvenate and spend time with the people you love.

3 PERSONAL MONTH

This is a joyful time. You might feel scattered and not want to do any work. That's OK! You'll want to spend more time with people, socialize, recreate and have fun! That's what this month is about. This is a wonderful period for writing, speaking, singing or being creative in any way. You might find that you're sensitive to criticism and taking things more personally than usual. When this happens it's important that you don't retreat into your hurt feelings. It's important that you express what's in your heart and find purposeful ways to clear the air. If you are honest and direct with other people, you will find they want to cooperate with you. Open up your heart and let love in!

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4 PERSONAL MONTH

Time to get down to business! After all of the creative inspiration you received last month, now you can make your ideas a reality. Start by creating boundaries around all the people and activities that are depleting your energy. You do this by drawing physical and energetic boundaries. Say no to what no longer feels good. Make a concrete plan for how you will improve your life and take the steps to put that into action. You'll want to make sure all your physical needs are looked after including your body, home and finances. Regular exercise will help you stay grounded and move your life forward. Remember, even small steps toward your goals can lead you in the right direction. Believe in yourself!

5 PERSONAL MONTH

Change is here whether you're ready or not! This is a period of movement and growth. You might feel everything is happening at once. If you're trying to hold onto the way you're used to doing things, you might find some resistance. Instead, recognize what areas in your life you're holding onto solely for security and make choices that make your heart sing instead. This is a wonderful month for you to meet new people, socialize, and be creative. If there is a message that you want to get "out there" in the world, do it in a bigger and brighter way. Set yourself free to have some adventures!

6 PERSONAL MONTH

Let love in! Matters of your heart will take precedence now. If you're already in a romantic relationship, you might want to re-evaluate how to find more balance, joy and harmony between you. If you aren't currently in a relationship, it's a wonderful time to bring more passion and love into all areas of your life. Make sure you are taking time for play and recreation. You'll feel the need to beautify your home and your body, so you can enjoy your environment more. You might find now that in your career you do more of what you enjoy and less of what drains you. You might feel like you have too much going on to take time for yourself, but most likely it is because you are making other people's well-being more important than yours. Your life is meant to be enjoyed, so make your happiness a priority!

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7 PERSONAL MONTH

It's time to tune in! Your soul is speaking to you. If you are looking outside of yourself for validation and answers, you might be missing the mark. Your intuition is very strong now, and you need to take time to yourself every day to assimilate the high vibrational information you are receiving. You might be re-evaluating your relationships with people, and possibly your circumstances. If so, there is an intuition you are receiving that needs to be acknowledged. If you feel uncertain about someone or something, it is because you need to make an adjustment in how you relate to them. To tune into your inner voice take time to meditate, write, do yoga and/or engage in a spiritual practice. You might find the need to take a retreat or get away from others so you can rejuvenate. Perhaps you want to change homes or relocate this month. However you seek to recharge and regenerate, go for it! The change will do you good.

8 PERSONAL MONTH

BIG THINGS are in store for you! After last month's soul searching now it's time to act! Don't hold back with your feelings or ambitions. Aim for the moon and beyond. Perhaps in the past you've not allowed yourself to shine as brightly as you would like. No more playing small! Go beyond your limits. This is your harvest time. If there is a circumstance or relationship in your life where you feel you're not receiving the praise, respect and appreciation you deserve, you need to expect and ask for more. Your financial, emotional, and spiritual rewards will increase this month. Open up to receive your bounty!

9 PERSONAL MONTH

You can trust yourself to have all the answers. No matter what other people are telling you about what is right for you, only you know your personal truth. Others might turn to you for answers, because your inner light is shining brightly. Allow yourself to share your wonderful wisdom with others. You know more than you think! You might find that you've outgrown certain people or situations. It's OK to let go of them now. Only choose to engage in what nourishes you and brings you joy. It's time to release what is no longer energizing you so you can make room for the new. You might find you need more time to process your feelings, so take the space you need. Honor your truth. It will set you free!

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11 PERSONAL MONTH

After all the activity last month, now it's time for you to find some balance. Yoga, meditation and movement are all important to keep your body, mind and spirit in harmony. You might find yourself feeling extra sensitive and even having vivid dreams. Your subconscious is getting your attention, wanting to unwind and unravel any unresolved feelings or intuitions. Relationships will be on the forefront. Make sure to nurture them. Bring some more romance into your life. Focus on what's important - matters of the heart. Relax, rejuvenate and spend time with the people you love.

22 PERSONAL MONTH

Time to get down to business! After all of the creative inspiration you received last month, now you can make your ideas a reality. Start by creating boundaries around all the people and activities that are depleting your energy. You do this by drawing physical and energetic boundaries. Say no to what no longer feels good. Make a concrete plan for how you will improve your life and take the steps to put that into action. You'll want to make sure all your physical needs are looked after including your body, home and finances. Regular exercise will help you stay grounded and move your life forward. Remember, even small steps toward your goals can lead you in the right direction. Believe in yourself!

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About Kari Samuels



Kari Samuels is an Intuitive Counselor and Happiness Coach who helps people align with their soul's purpose and reclaim their intuitive gifts . She utilizes the unique spiritual blueprint encoded in your name and birth date to to heal your past, tune into your present, and decipher your destiny.

Using a variety of healing modalities, with the assistance of the Archangels, she liberates you from self-sabotaging fears, beliefs and energy so you can fulfill your soul's purpose with joy and prosperity.

She has become a go-to resource for people around the world seeking to discover practical tools for magical living.

You can learn more about her courses and healing products here: karisamuels.com

KariSamuels.com

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