
RESET AND REBOOT 2.0

TOLPAKAN™ Healing Directive

In this TOLPAKAN healing, we'll be resetting and rebooting your systems, which is often necessary after clearing and healing has been done and the body needs to adjust to a higher vibrational state.

If there is a specific physical part of you that needs extra attention, focus your attention on that area now...feel into it, as you say the directive. What you focus on heals even faster.

So let's begin! Say out loud or in your mind:

“It's now commanded that all parts of you, physically, mentally, emotionally, energetically, spiritually, dimensionally, all processes, systems and energies, be reset and rebooted, renewed and revived, rebalanced and recalibrated, rejuvenated and regenerated, and restored to 100% ideal radiant health in the highest and best way, in all directions in time and in all timelines where you exist, with ease speed and grace. Thank you.”

That's it!

If you can feel or visualize your “anatomy” being healed with streams of high consciousness light and energy while you're saying the command, it will work even faster. You have the power to direct your own healing!

If you have any questions about this or any of my programs, please post them in the Light Warrior Support Group on Facebook. [LightWarriorSupportGroup.com](https://www.facebook.com/LightWarriorSupportGroup.com)

Blessings to you ❤️



Karen Kam M.D.
HARNESS YOUR SUPERPOWERS