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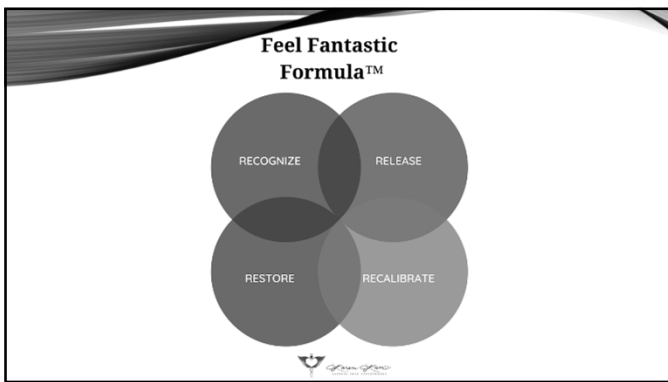
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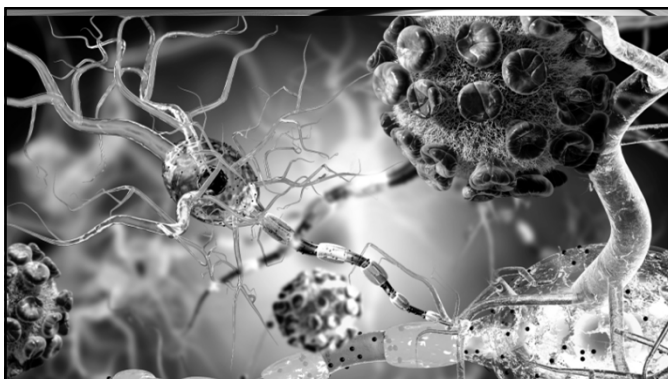
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## PHYSICAL

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NPR <https://youtu.be/5DTrENdWvM>




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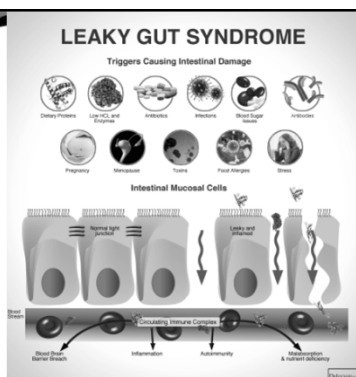
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**STATISTICS:**  
70% of your  
immune system is in  
your gut



IMAGE: Dr. Jockers




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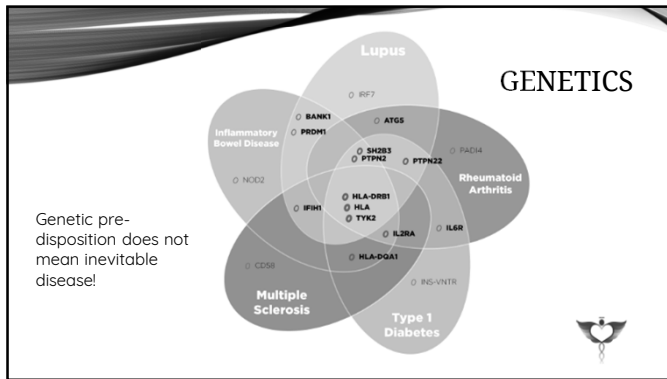
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## PHYSICAL FACTORS

ORAL ROUTE	SKIN ROUTE	INHALED ROUTE
<ul style="list-style-type: none"> <li>• GMO foods</li> <li>• Excessive added sugars &gt;16 g per day (4tsp)</li> <li>• Pesticides</li> <li>• Herbicides</li> <li>• Preservatives</li> <li>• Artificial sweeteners</li> <li>• Artificial coloring, flavors</li> <li>• Flavor enhancers MSG</li> </ul>	<ul style="list-style-type: none"> <li>• Haircare products</li> <li>• Skin care products</li> <li>• Household cleaners</li> <li>• Laundry Detergents</li> <li>• Fabric softener</li> <li>• Dental products</li> <li>• Eye care products</li> <li>• Furniture, clothing, bedding</li> </ul>	<ul style="list-style-type: none"> <li>• Perfumes, deodorizers</li> <li>• Household cleaners</li> <li>• Mold and mold spores</li> <li>• Volatile organic chemicals (paints, varnishes, furniture)</li> <li>• Dust/particulate</li> </ul>

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## NON-PHYSICAL

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## NON-PHYSICAL FACTORS

### ENVIRONMENTAL

- EMF – Electromagnetic radiation
- Geopathic stress
- Geography
- Pathogens (infections)
- Excess: wind, cold, damp, heat, summer heat, dryness

### PERSONAL

- Boundaries (P.M.E.E.S.D.)
- Entities (this or other timelines)
- Energetic weapons/tethers/cords
- Energetic infections
- Dimensional implants
- "Debris" from the healing process
- Alternate timeline issues
- Soul Destiny Partner issues




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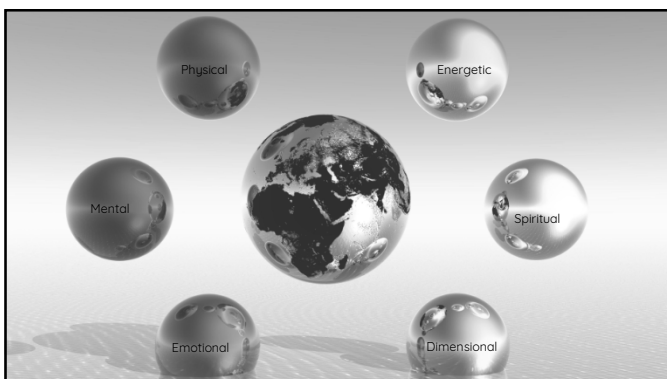
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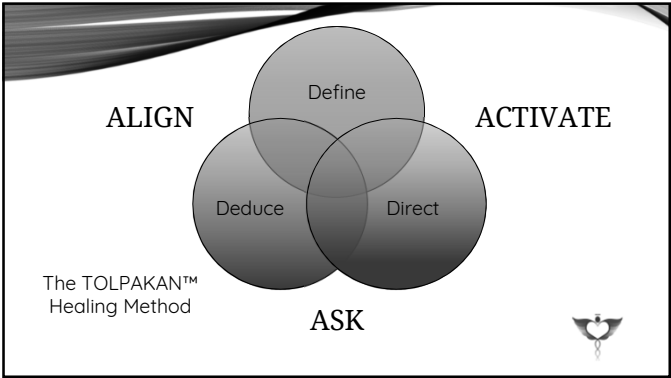
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Align ~ Define

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**MODULE 1 CHECKLIST**

<input type="checkbox"/> How balanced/happy is my immune system?	<input type="checkbox"/> How many different pathogens (infections) do I have in my body in this timeline?
<input type="checkbox"/> What is my Autoimmune score – the highest in this body/timeline?	<input type="checkbox"/> How happy is my microbiome? How many species are less than 95% happy?
<input type="checkbox"/> How many timelines do I also have any form of Autoimmunity or autoimmune reactions?	<input type="checkbox"/> How intact and optimally healthy is my gut lining?
<input type="checkbox"/> How high is my pathological inflammation score out of 10?	<input type="checkbox"/> How many types of boundaries do I have less than 100% intact and healthy?
<input type="checkbox"/> How many allergies, intolerances, sensitivities do I have in all timelines combined?	

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## Ask ~ Deduce

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1. How many reasons do I have for this? These symptoms?
2. How many do I need to know about consciously?



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## Activate ~ Direct

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"I now command that all autoimmunity, allergies, intolerances, sensitivities and all their causes be healed and resolved 100% in the highest and best way, all directions of time, in all timelines where I exist, with ease and grace. And please reflect this healing to all my soul destiny partners if allowed by Source. Thank you."




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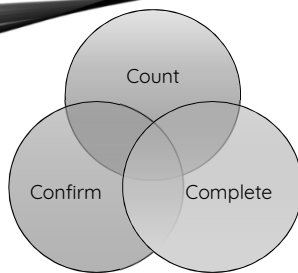
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The TOLPAKAN™ Healing Countdown Method




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### TOLPAKAN™ HEALING COUNTDOWN METHOD

1. **Count** how many lives left that have any sort of autoimmunity/allergy/intolerance/chemical or other sensitivity/reaction.
2. **Confirm** if you need to deduce more information before receiving the healing
3. **Complete** the healing through a TOLPAKAN™ Healing Directive

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## RE-DEFINE

If not 100% improved yet, ask why:

- Is it because I need to heal something else first?
- Is it because this healing needs to process?
- How long will it take to process? (usually less than 3 days)
- Is it because I have to wait a little longer to re-test?




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## REMEMBER!

Daily Prescription:

- Autoimmunity-Allergy Rescue Remedy MP3 1-6 x a day
- Reset and Reboot 2.0 1-6x a day

Intention-based

- Ascension 1 – clears and cancels - 1x/day or looped
- Ascension 2 – repairs and rebalances - 1x/day or looped




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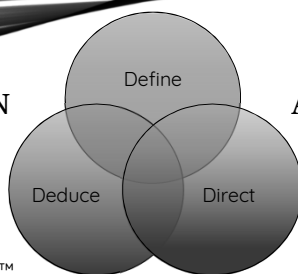
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ALIGN

ACTIVATE



The TOLPAKAN™  
Healing Method

ASK




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JOIN US FOR MODULE 2 OF  
THE FEEL FANTASTIC FORMULA™!



...where we will be deep healing in the non-physical realm!



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